# REGISTRATION/PARTICIPATION RULES FOR STRESS CONGRESS 2025

### - Hybrid edition -

1. A participant in the Stress Congress is considered to be a professional who has purchased a registration ticket according to their professional category — Specialist Physician/Resident/Retired, Student/Other Categories, Nurse, etc.

## 2. RULES FOR PHYSICAL ATTENDANCE AND ONLINE VIEWING OF STRESS CONGRESS 2025

For online viewing of the Stress Congress, participants will be informed via email about the platform login details one day before the event.

Attention! To receive the certificate with EMC credits, it is necessary and mandatory for each participant to be logged in every day, for each session, for the entire duration of the congress, in accordance with the accreditation requirements of the professional organizations to which each health professional belongs—C.M.R./O.A.M.G.M.A.M.R. For participants attending in person, they must be present for the entire duration of the congress in the event hall.

Certificates with EMC credits cannot be issued to participants who have not completed the registration fields required by professional organizations for accreditation (e.g., CUIM, certificate number,

etc.).

The ticket is non-transferable. The event can be viewed online on a single device only.

However, you may transfer your ticket to another person, provided that you notify us and submit all the necessary registration information required for validating that person for the issuance of EMC certificates, **before October 1st of the current year**.

After the event, depending on participant logins and the time spent attending the Congress, the streaming platform generates attendance reports that will be submitted to the professional associations, based on which EMC certificates will be issued. Payment for a participation ticket **does not guarantee** receipt of the EMC certificate! Failure to meet the specific requirements imposed by professional organizations for event accreditation will result in the **inability to issue EMC certificates**.

#### Attention!

EMC certificates are not awarded to Students or Pharmacists. Retired physicians and/or residents who wish to receive an EMC certificate must provide their CUIM during registration; otherwise, the EMC certificate cannot be issued.

### 3. The participation fee includes:

- Pre- and post-event informational newsletters;
- Access to scientific sessions throughout Stress Congress 2025 (October 9–10);
- Credits awarded according to the decision of each professional association, namely: the Romanian College of Physicians, the Order of Nurses, Midwives and Medical Assistants of Romania (O.A.M.G.M.A.M.R.) Bucharest Branch;
- Certificate of participation for students and participants from other professions for which professional credits are not granted, other than physicians or nurses;
- Certificate of participation with credit certification in electronic format for participants belonging to professional categories eligible for credits according to the regulations of the professional associations (physicians, nurses);
  - Post-event access to congress recordings on the website www.stresscongress.org;
- For participants opting for online attendance at Stress Congress 2025, the live broadcast link will be provided to each participant and will remain active until October 10, 2025;
- Participants attending in person will have access to the event hall and to the coffee breaks and lunches scheduled in the program.
- Stress Congress este un eveniment național cu participare internațională, aflat la a VIII-a ediție.

Annually, the congress brings together over 500 participants from across the country — physicians from various specialties, nurses, medical and psychology students.

The 2025 edition will focus on the theme "Stress, Mental Health and Longevity" and will take place on October 9–10 at the Palace of Parliament – C.A. Rosetti Hall.