

RULES FOR PARTICIPANTS IN THE E-POSTER SECTION:

For the first time, due to increased interest in the e-poster proposal, there will be two categories of e-posters starting this year:

- the "**undergraduate**" section, for students and/or resident doctors who wish to participate in the competition; we thus want to stimulate the involvement of future specialists (doctors or in medicine-related fields) in sharing information, a vital element for progress in research.
- the "**graduate**" section, dedicated to doctors who have completed their residency (specialists/primary), as well as to university graduates admitted to postgraduate programmes (masters, doctoral students).

Depending on the type of E-POSTER desired, it will have to be structurally adapted to one of the 2 options:

(1) case presentation or (2) original paper (study, meta-analysis, etc). The following are indicative guidelines for their structure:

1. Case presentation

The usual structure is as follows:

- Introduction:

The introduction will briefly present the pathology, its relevance/impact on the health system, data related to prevalence/incidence in the population, the reasons why the author(s) considers it relevant to present the case (particularity etc).

- Presentation:

Usually contains in a structured way information about the reasons for presenting to the doctor, anamnesis, clinical and paraclinical investigations focusing specifically on differential and definite diagnosis;

- Conclusions:

Reasons why the author(s) consider(s) the presentation of the case to be relevant, highlighting its particularities (e.g. early/late onset, comorbidities that make diagnosis difficult and/or influence the therapeutic decision, etc).

2. Original work (study/meta-analysis)

Usual structure:

- Introduction

Brief presentation of data related to objectives, need/usefulness of the study/research, etc.

- Material and methods

Description of the group of patients, criteria for inclusion/exclusion of data, type of data analysis selected and reasons why it was chosen over other types of analysis, actions taken, summary presentation of the work protocol, presentation of the raw data obtained (graphical and/or tabular format, etc.), type and method of data analysis, comparisons between them, etc.

- Results

Usually contains a presentation of the results of data processing and analysis

- Conclusions

Highlights the importance/relevance of the research approach, correlation/ causality analysis, suggests new research directions, identifies sources of error/proposes study design corrections based on data analysis results

ABSTRACTS FOR E-POSTERS:



The submission to the e-poster competition is done by submitting the abstract. Abstracts should be emailed to: office@stresscongress.org

Deadline for submission of abstracts: 14 August 2023.

Papers for which the lead and/or corresponding author does not confirm participation in the congress by the final deadline for submission of e-posters will be eliminated from the competition.

The lead/co-responding author with confirmed participation in the congress will give the oral presentation at the award ceremony in case the e-Poster is awarded.

Abstracts in word/rtf format, not exceeding a limit of 300-500 words, are accepted. Abstracts (see template provided) must include:

- Title of the paper
- Author/list of authors, indicating institutional affiliation(s) and corresponding author(s)
- Keywords
- The actual abstract of the paper, following the structure outlined above.

The lead/corresponding author guarantees the involvement of the co-authors in the process of developing the material; all decisions and information exchanged with the lead/corresponding author will be considered as unanimously agreed by all co-authors and/or communicated by the lead/corresponding author to them.

The lead/corresponding author receives a 15% discount.

Each abstract can be submitted only once. In the event that the judging committee deems the paper acceptable but changes are required, the corresponding author will be notified of the changes and how to resubmit the abstract.

Each congress participant may submit for judging only one paper as main/co-author; however, it is allowed to enter one person as co-author of several e-papers.

Co-authors wishing to participate in the congress must pay the participation fee.

E-POSTER (ELECTRONIC POSTER): on the basis of the abstract submitted and accepted/validated by the committee, the E-poster will be produced, respecting the following requirements (necessary also for the optimisation of the display on available equipment):

- Format, size, resolution:

E-posters will be designed/displayed on screens, therefore we recommend higher resolutions and A0 (portrait) or A1 (landscape) format; for the same reasons we recommend not to use small font sizes.

Recommended font sizes are:

- o 60-70pt (title),
- o 34-40pt (subtitles),
- o 24-34pt (normal text).

These sizes are NOT mandatory.

It is important that images and graphics are of good quality (resolution); we recommend for e- poster to make



sure there is a good contrast between the colour of the text (e.g. black) and the background (e.g. white).

- E-posters should be submitted electronically, in final/final version, by 20 September 2023; only e-posters submitted on time, for which the lead/co-responding author has paid the congress fee, will be considered for judging.

- The structure of the poster must follow exactly that of the abstract:

o The title of the e-poster must coincide with the title of the abstract submitted.

o The name of the author and co-authors and their affiliation must follow the order of the abstract accepted by the committee.

o No changes are allowed after submission; the submitted version is considered final and subject to judging;

- It is important that the page layout and the overall appearance are in accordance with the standard dimensions, so that there are no empty spaces or, on the contrary, that the overall appearance is not too busy and that the font size is too small to be readable when the E-poster is displayed on the dedicated screens (thus we recommend that before submitting your E-poster for validation, you check the final page layout of all the elements of the E-poster in order to obtain a professional, harmonious, balanced and professional overall appearance, adapted to all the standard requirements listed above).

- The authors of the E-posters awarded in the competition benefit from:

o Voucher allowing free physical participation in the next StressCongress;

o Free publication "in extenso" of the article based on the winning e-poster, subject to submission of the manuscript by 31 October 2023, according to the publication instructions on the BAIJ website.

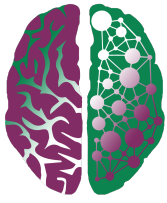
SUBMISSION OF ABSTRACTS + E-POSTERS.

Applicants may enter one of the two e-POSTER sections of the Stress Congress competition, subject to the conditions and deadlines below:

- Abstract submission: **by e-mail to:** office@stresscongress.org, by 14 August 2023.
- Resubmission of abstracts for those for which changes have been requested: 20 August 2023.
- Confirmation of abstracts: 27 August 2023.
- Transmission of final E-POSTER version: 20 September 2023.
- Submission *in extenso* of article for publication in BAIJ: 31 October 2023 (for awarded E-Posters)

Winners will be designated and notified using the contact details provided in the abstract in order to prepare the oral presentation associated with the e-poster; this will be included in the programme of the last day of the Congress during the award ceremony.

All participants registered with eligible papers in the e-POSTER section of the current Stress Congress will receive a free e-participation voucher for the next Stress Congress.



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e-Posters Competition

**GOOD LUCK TO
EVERYONE!**